The Daily Rigour

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Your free weekly numeracy newspaper!

Scientists say eight glasses of water a day may be too much

New research has found that the recommended eight glasses of water a day may be too much.

Scientists have discovered the recommended intake of two litres of water a day was often more than people needed.

Given around half of the daily intake of water comes from food, they estimate people only really need about 1.5 litres per day.

How many glasses of water do people really need per day?

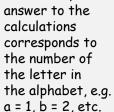


Kylian Mbappe breaks World Cup record with superb finish to send France into the last eight

Kylian Mbappe took France one step closer to defending their World Cup title, with a superb finish vs Poland in the last 16 of this year's tournament. He is now the first player to have scored 8 goals in World Cup finals matches before his 24th birthday.

But can you name the top 5 World Cup scorers of all time?

We have given you a clue for a missing letter in the forenames, surnames and countries played for. The



How many players and countries can you work out?



Name Country 1. 7 - (-6) _ _ _ _ _ / 5 + 6 _ _ _ _ 2. 9 × 2 _ _ _ _ _ -3 + 5 _ _ _ _ 3. <u>1+2 × 3</u> _ _ _ / <u>5 + 8</u> _ _ _ _ _ 4. $23 \div 2.3$ _ _ _ / $\frac{1}{2}$ of 12 _ _ _ _ _ 25% of 24 5. <u>2</u>⁴ _ _ _ $\frac{1}{2} + \frac{1}{2} + \frac{1}{2} + \frac{1}{2}$

Glasgow stars in new Indiana Jones film trailer

Scenes from the new Indiana Jones movie which was partly filmed in Glasgow



have been broadcast for the first time.

The city was dressed up as an American street during filming for Indiana Jones and the Dial of Destiny in summer 2021. A new trailer shows action sequences, including 80 year old Harrison Ford riding a horse through New York City and on to subway tracks.

The film will be released in cinemas in just 208 days from the date of this newspaper. On what date will the Dial of Destiny be released?

Pound reaches 4 month high against the dollar

The pound reached a four month high against the dollar last Thursday afternoon, the highest amount since the 1st of August, making imports cheaper for UK companies and consumers.

On the same day, the pound also grew against the euro.

Thursday Exchange Rates: £1 = \$1.2297

£1 = €1·1695 Did you know that in Spain, rather than selection boxes, the nation

loves Turrón as a festive treat.

This delicious candy bar of Moorish origin has been popular for centuries and can occupy entire walls in any Spanish supermarket in the weeks leading up to Christmas Day.

How much would this bar of Nestle Turrón, currently

priced at €3.29 in Carrefour, cost in dollars and cents based on Thursday's exchange rates?