The Daily Rigour

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Your free weekly numeracy newspaper!

Exact time children should go to bed according to their age revealed!

According to a chart shared online this week, children should go to bed by a certain time - and it all depends on when they woke up.

- (a) According to the chart, if a 5 year old wakes up at 6.30 am, when should they go to bed that night?
- (b) If an 11 year old wakes up at 7.00 am, when should they go to bed?

		Wake-up time						HEALTH & WELLBEING	
		6.00 am	6·15 am	6·30 am	6·45 am	7.00 am	7·15 am	7·30 am	
	Age	Sleeping time							
	5	6·45 pm	7·00 pm	7·15 pm	7·30 pm	7·30 pm	8·00 pm	8·15 pm	
	6	7·00 pm	7·15 pm	7·30 pm	7·30 pm	8:00 pm	8·15 pm	8·30 pm	
r	7	7·15 pm	7·15 pm	7·30 pm	8·00 pm	8·15 pm	8·30 pm	8·45 pm	
	8	7·30 pm	7·30 pm	8·00 pm	8·15 pm	8·30 pm	8·45 pm	9·00 pm	
	9	7·30 pm	8·00 pm	8·15 pm	8·30 pm	8·45 pm	9·00 pm	9·15 pm	
	10	8·00 pm	8·15 pm	8·30 pm	8·45 pm	9·00 pm	9·15 pm	9·30 pm	
	11	8·15 pm	8·30 pm	8·45 pm	9·00 pm	9·15 pm	9·30 pm	9·45 pm	
	12	8·15 pm	8·30 pm	8·45 pm	9·00 pm	9·15 pm	9·30 pm	9·45 pm	

Ed Sheeran says he's planning to make "10 symbol records"

Ed Sheeran has revealed he is planning to make "10 symbol records".

The singer-songwriter has already released '+', 'x', '÷', as well as his most recent album '='.

He is also planning to bring out an acoustic collection entitled '-' next year.

Can you think of better "Ed Sheeran" names for these albums below;

(think mathematical symbols!)

- (a) 🗇 Love as a source has 4 equal sides 🖋
- (b) I The opposite sign of love &

But the most important question of course is how good is Ed Sheeran at maths????

To celebrate the launch of his previous album, ÷, he was forced to sit a maths test! Ed scored a respectable 4/5.

(c) Can you beat his score? Watch how Ed got on here; https://youtu.be/17d6qdsZIXA.

Ed Sheeran's Maths Quiz

- 1. What is the square root of 81?
- 2. Which is bigger?
 - (a) two cubed (b) a quarter of 28?
- 3. What is π rounded to 3 decimal places?
- 4. The first two angles in a triangle are 45° and 70°. What is the third?
- 5. Your album is £12 but one shop is offering 10% off. What will fans pay?

World's oldest international cricketer Eileen Ash turns 110

The world's oldest living international cricketer has celebrated her 110th birthday last week.



On the 26th of February the oldest professional footballer still playing, Kazuyoshi Miura, will be half this age. How old is Kazuyoshi Miura?

'Father of tiramisu' Ado Campeol dies aged 93

Restaurateur Ado Campeol, HEALTH& FOOD TECHNOLO dubbed "the father of Tiramisu" by Italian media, has died aged 93.



Campeol was the owner of Le Beccherie, a restaurant in Treviso in northern Italy where the famous dessert was invented by his wife and a chef.

It has since become a staple of Italian cuisine, adapted by chefs worldwide.

The tiramisu recipe below serves 6 people.

- (a) How much mascarpone would be needed to make the recipe for 24 people?
- (b) How much be needed to make the recipe for 3 people?

In cooking, there are 3 tsp's

(teaspoons) in 1 tbsp (tablespoon). (c) How many

tbsp's of cocoa powder would be needed to make the recipe for 36 people?

Tiramisu Recipe - serves 6

- 568ml pot double cream
- 250g tub mascarpone
- 75ml marsala
- 5 tbsp golden caster sugar
- 300ml strong coffee, made with 2 tbsp coffee granules and 300ml boiling water
- 175g pack sponge fingers
- · 25g dark chocolate
- 2 tsp cocoa powder