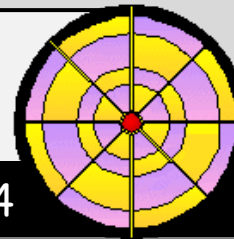


The Daily Rigour

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Your free weekly numeracy newspaper!

Dog breaks loose to win relay race in US high school track event

A pet dog escaped its owners to join

the home stretch of a 4 x 200 metre relay race at a high school athletics meet in Utah. The dog, Holly, can be seen running on to the track to chase Logan High School's Gracie Laney down the home straight.

The crowd roared as the dog overtook Laney just before the finishing line, almost tripping her!

However, race officials did not award the victory to Holly the dog despite achieving first place. The heat win went to Laney instead.

Holly clocked the final 100 metres in remarkably just 0.92 seconds slower than Usain Bolt's 9.58 seconds world record!

What was Holly the dog's 100 metre time?



Man pays £500 000 over £2.2m guide price to secure house with favourite number

An Australian man paid £500 000 above the guide price to secure a house just because he wanted to live at number 65!

But what are the most popular house numbers in the UK?

Use the clues below to help you.

Most popular house numbers in the UK

1. $-7 + 8$ 2. 10^2 3. $16 \div 8$ 4. $9 - 2 \times 3$ 5. $2 \times 5 \times 7$
6. $\sqrt{16}$ 7. $55 + 38$ 8. $1 - (-4)$ 9. No. 8 $\times 11$ 10. The 22nd prime number

****Bonus Challenge****

What do you think the HIGHEST known house number in the UK is?

How close will you get to the right answer???



AUSTRALIA

Jose Mourinho has been paid a huge amount for his sackings in football

It has been sensationally claimed that Jose Mourinho has been paid a staggering sum for his sackings in football.



He lasted just 17 months at Tottenham Hotspur with the 58 year old in line to receive a reported £30 million pay-out after his time at the club was cut short.

The Portuguese manager was paid a combined £30.5 million for his two sackings at Chelsea.

And Real Madrid shelled out £17 million after relieving him of his duties while Manchester United forked out £15 million to replace with him with Ole Gunnar Solskjaer.

How much has Jose received in total for being sacked? Give your answer in WORDS.

Doctor explains how to calculate your perfect bedtime to wake up feeling refreshed

A doctor posted a video this week to explain that feeling groggy when you wake up may come down to interrupting your natural sleep patterns rather than simply not getting enough rest.



He explains that every night your brain moves through several sleep cycles. Each cycle starts with light sleep, then you enter deep sleep, then dream, and back to light.

Each of these sleep cycles is around 90 minutes.

To plan for an excellent nights sleep, you should work backwards in 90 minute periods until you reach the time closest to when you want to go to bed.

If a person needs to get up at 8 am, wants to get at least 7 hours sleep and to wake up at the end of a 90 minute cycle, what is the latest time they should they plan to go to bed at?